

Tävlingskoreografi till East Heart Competition
Tävlingsdatum 11 februari 2012

Dans B

Something In The Water

Niels B. Poulsen

Beskrivning: 32 Count, 4 Wall, Polka Linedance
Nivå: Starter
Musik: "Something In The Water" - Brooke Fraser (126 BPM)
Intro: 16 counts

STEP, KICK, BACK, KICK BACK, RIGHT FORWARD SHUFFLE, ROCK, RECOVER

1	RF	Step forward
2	LF	Kick forward
3	LF	Step back
4	RF	Kick back
5	RF	Step forward
&	LF	Step beside right
6	RF	Step forward
7	LF	Rock forward
8	RF	Recover

SHUFFLE BACK, SHUFFLE BACK, ROCK, RECOVER, FORWARD SHUFFLE

1	LF	Step back
&	RF	Step beside left
2	LF	Step back
3	RF	Step back
&	LF	Step beside right
4	RF	Step back
5	LF	Rock back
6	RF	Recover
7	LF	Step forward
&	RF	Step beside left
8	LF	Step forward

STEP, 1/4 TURN RIGHT, CROSS SHUFFLE, SIDE ROCK, BEHIND, SIDE, CROSS

1	RF	Step forward
2	LF	Turn ¼ turn left taking weight
3	RF	Cross over left
&	LF	Step beside right
4	RF	Cross over left
5	LF	Rock to left side
6	RF	Recover
7	LF	Cross behind right
&	RF	Step to right side
8	LF	Cross over right

POINT, HOLD, & POINT, HOLD, & HEEL SWITCHES x3, CLAP x2

1	RF	Point toe to right side
2		Hold
&	RF	Step beside left
3	LF	Point toe to left side
4		Hold
&	LF	Step beside right
5	RF	Dig heel forward
&	RF	Step beside left
6	LF	Dig heel forward
&	LF	Step beside right
7	RF	Dig heel forward
&		Clap hands
8	LF	Clap hands, weight on left