

Ami Oh

Choreographer: Daniel Trepát & Pim van Grootel (April. 2011)

Level: Improver
Type: 4 wall line dance
Counts: 32
Music: "Ami Oh", by African Connection
Dance starts after 32 counts

2X CROSS SAMBA'S, 4X WALKS TURNING $\frac{3}{4}$ TURN L

1 RF Cross over LF
& LF Step to left side
2 RF Recover weight
3 LF Cross over RF
& RF Step to right side
4 LF Recover weight
5 – 8 Walk R, L, R, L while making $\frac{3}{4}$ turn left

SYNCOPATED COMPRESSED ROCKSTEPS, 4X SMALL HOP FWD

1 RF Step to right side bending both knees
& LF recover weight
2 RF Step next to LF
3 LF Step to left side bending both knees
& RF Recover weight
4 LF Step next to LF
5 Small hop forward with feet apart
(knees are bend again)
6 – 8 Small hop forward wih feet apart and you
keep the knees bend

SYNCOPATED ROCKSTEPS, STEP, HOLD, SHUFFLE R

1 RF Rock to right side
2 LF Recover weight
& RF Step next to LF
3 LF Rock to left side
4 RF Recover weight
& LF Step next to RF
5 RF Step to right side
6 Hold
& LF Step next to RF
7 RF Step to right side
& LF Step next to RF
8 RF Step to right side

JAZZBOX, CROSS, BOUNCE FWD, BOUNCE BACK

1 LF Cross over RF
2 RF Step back
3 LF Step to left side
4 RF Cross over LF
5 LF Step forward and bounce (bend knee)
& LF Stretch leg
6 LF Bounce (bend knee)
& LF Stretch leg
7 RF Step back and bounce (bend knee)
& RF Stretch leg
8 RF Bounce (bend knee)
& LF Recover next to RF