

When You Get Tore Up (aka All Jacked Up)

32 count, 4 wall, beginner level

Choreographer: Roy Verdonk (NL) Sept 2006

Choreographed to: All Jacked Up by Gretchen Wilson
(190 bpm)

Fwd. Toe Struts Rf - Lf with Rocking Chair, X2

1&2& Touch R toe fwd, step onto R heel, touch L toe fwd, step onto L heel
3&4& Rock fwd. on Rf recover onto Lf, Rock back on Rf recover onto Lf.
5&6&7&8& Repeat, 1&2&3&4&

Step fwd pivot ½ turn L, 2 walks fwd, Side rock & cross x2

1-2 Step fwd on Rf, pivot ½ turn left
3-4 Walk fwd Rf – Lf
5&6 Rock Rf to right, recover onto Lf, cross Rf over Lf
7&8 Rock Lf to left, recover onto Rf, cross Lf over Rf.

Chasse R with sways, Chasse L with sways

1&2 Step Rf to right, close Lf to Rf, step Rf to right,
3-4 Sway hips Left – Right.
5&6 Step Lf to left, close Rf to Lf, step Lf to left,
7-8 Sway hips Right – Left.

Strutting Jazz Box (wide) with 1/4 turn R, Out Out hold, In In hold.

1&2& Touch R toe over Lf, step onto R heel, touch L toe back, step onto L heel,
3&4 Making a ¼ turn R touch R toe fwd, step onto R heel, Lf step next to Rf.
&5-6 Jump slightly fwd Rf – Lf (feet apart) – Hold,
&7-8 Jump back into place Rf – Lf (feet together) – Hold.

(Fade out 2 min 38 secs.)
